



Bike Thru History, Oct. 11-13, 2019

Information Handbook

A Bicycle & History Event in the Mohawk Valley,
Organized by-Fulton County Tourism, New York!

Welcome!

We hope you will join us for the weekend or for a day in Johnstown, NY, located in Fulton County. Bike thru History is providing opportunities for bicyclists and non-bicyclists to explore the Mohawk Valley during our autumn season.

Historical Highlights of the weekend are:

Arkell Museum, Fort Klock, Schoharie Crossing State Historic Site, Old Fort Johnson
Johnson Hall State Historic Site, Birthplace of Elizabeth Cady Stanton, Fulton County Museum & more

Bicycle Highlights of the weekend are:

Each day short, medium and long (20/40/60 mile) routes are offered-fully supported
Each bicycle route goes by Historical Sites
Fantastic views of the Mohawk Valley

Overall Event Highlights:

Host Hotel Option, Historical Speakers, Social Gatherings & of course Bicycling!

Come, experience the Mohawk Valley!

Gina DaBiere-Gibbs
Fulton County, Director of Tourism

April Amodei
Ride Coordinator

Thank you to our sponsors:



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(Online Registration is available at 44lakes.com/bike-thru-history)

A-Event Details, October 11-13, 2019

Overview:

A Fulton County Event designed to provide a fun, social and optional cycling event surrounding the history of Fulton County and the Mohawk Valley. Combining Weekend and Individual Day registration and packing them full of the area's attractions makes for a great combination. Keeping fall weather in mind we offer different routes and a non-rider fee so everyone can choose their itinerary. As an event geared for every age, we offer affordable registration fees for children and youth. Come for the supported bicycling, the historic sites & attractions, social and meal events & enjoy the long weekend with us in Fulton County.

Contact Information:

For Registration & Administrative Questions Contact Fulton County Tourism:

Gina DaBiere-Gibbs: tourism@fultonmontgomeryny.org or 1-800-676-3858

For Bicycle Route(s) or Event Logistic Details Contact:

April Amodei: aprilamodei@gmail.com or 315-406-6213

Host Hotel: Holiday Inn, Johnstown-Gloversville, NY

Lodging is available for \$119/night for all registered riders (full weekend or daily)

Room block is open until October 1 with code CCE

<https://www.ihg.com/holidayinn/hotels/us/en/johnstown/jntny/hoteldetail>

Start/Finish: All bicycle routes will start and finish at Johnson Hall State Historic Sites, Johnstown NY

Address for Johnson Hall is: 139 Hall Ave., Johnstown NY, 12095

Note: It is 2 miles from the Host Hotel to Johnson Hall, all cyclists, staying at the Holiday Inn, are encouraged to cycle, via the paved bike trail. Access to trail is one half mile from Hotel. View route at:

<https://ridewithgps.com/routes/30592820>

Transportation Options

-By Car is the most efficient way to reach Johnstown, NY

-ADK Trailways (800-776-7548) leaves NYC twice a day at 2:30 or 4:30 PM /multiple stops/1 transfer

From: New York, NY 10018-Port Authority Bus Terminal 8th Ave. between 40th & 41st Street

Arrives in Gloversville-3 miles from our Host Hotel and directly adjacent to the bicycle path

109 West Fulton Street. *Note: Johnstown and Gloversville are adjacent cities.*

What is Included:

-Register for Full Weekend Includes:

2 breakfasts, 1 Dinner (Saturday), 2 Light Lunches, Friday night social, 2 days of Supported Riding, Shuttles to Historic Sites & Long Sleeve T-shirt.

-Register for a Daily Ride (Saturday or Sunday)

Ride Support, Light Lunch, Long Sleeve T-Shirt

See registration form for more information.

Event Website: 44lakes.com/bike-thru-history

B-Historical Sites, Attractions & Shuttle Information

Overview: *Each day bicycle routes will go by different Sites (Short, Medium & Long Sites pass by different sites). Shuttles will be offered to Sites, as listed below. Most sites are within 20 miles of Johnstown if you prefer to drive in your own vehicle.*

Updates:

Note: Additional Sites may be added as we confirm availability and times, we will send out updates

Shuttles-(see schedule for times):

Saturday Shuttles are to:

*Fort Klock-tours
Arkell Museum-fee

Sundays Shuttles are to:

*Schoharie Crossing State Historic Site
*Old Fort Johnson

Sites and Attractions-On Bicycle routes labeled: short, medium or long (S/M/L)

Saturday Sites:

Palatine Church-grounds (M/L)
*Fort Klock-tours (M/L)
Nellis Tavern-grounds (M/L)
Arkell Museum-fee (M/L)
Elizabeth Cady Stanton Birthplace (S)
Fulton County Museum (S)
Fulton Montgomery Quilt Barn Trail (All)
Lock (15)

Sunday Sites:

*Schoharie Crossing State Historical Site (M/L)
*Old Fort Johnson (M)
Mohawk Valley Gateway Pedestrian Bridge (M/L)
Oldest Operating 5 & 10 (L)
Historic Hotel Broadalbin (L)
Fulton Montgomery Quilt Barn Trail (All)
Elizabeth Cady Stanton Birthplace (S)

C-Daily Schedule

Bike thru History 2019, October 11, 12 & 13

Friday	4-5:30 PM	Information & Registration Open	Holiday Inn
	5:30-6:30 PM	Social/Appetizers	Holiday Inn
	6-6:30 PM	Welcome/Weekend Overview	Holiday Inn
	6:45-7:30 PM	Historical Speaker-Elizabeth Cady Stanton	Holiday Inn
Saturday	7:00-8:00 AM	Breakfast Buffet	Holiday Inn
	8:00 AM-3 PM	***Information/Registration/Routes Open	Johnson Hall SHS
	9 AM	Welcome/Route Overviews/**Safety Briefing	Johnson Hall SHS
	10:30 AM	Information Registration Closes until Noon	
	Noon-3 PM	Light Lunch/Info. & Reg. Re-Open	Johnson Hall SHS
	1:30 PM-4 PM	*Shuttles to Historic Sites (4 pm is last pick up)	Holiday Inn
	5-8:30 PM	Shuttles to dinner from Holiday Inn	Fulton County Museum
	5:30-7:00 PM 7:15 PM	Social/Dinner-6pm Speaker following Dinner	Fulton County Museum Fulton County Museum
Sunday	7:00-8:00 AM	Breakfast Buffet	Holiday Inn
	8:00 AM-3 PM	***Information/Registration/Routes Open	Johnson Hall SHS
	8:15 AM	75 miler Briefing	Johnson Hall SHS
	9 AM	Welcome/Route Overviews/**Safety Briefing	Johnson Hall SHS
	10:30 AM	Information Registration Closes until Noon	Johnson Hall SHS
	1:30 PM-4 PM	*Shuttles to Historic Sites (4 pm is last pick up)	Holiday Inn
	Noon-3 PM 3-4 PM	Light Lunch/Info. & Reg. Re-Open Route support extended for Long Route	Johnson Hall SHS
Monday	7:30-9 AM	Information Table for Historic Sites and Bicycle Routes	

Notes:

- All Events listed are included in the Full Weekend Registration Fee
- Daily Rider Fees includes: Route Support & Light Lunch (Plus T shirts and Snacks)
- All Above Events can also be purchased al-la carte, *prior to the event*
(On the Day of the Event- check for availability at registration table)

*Historic Sites Shuttle Schedule will be included in your registration packet

**Safety Briefing information is included in your registration packet

***Information and Registration Closes between 10:30 am and Noon on Saturday and Sunday

D-Details for the Cyclist

How to Find Your Way:

- Routes will have cue sheets and road markings
 - Cue Sheets will be available at Registration and are included in the Route Information Guide
 - A **Route Guide (PDF)** is available to download, off the website
- Guide includes Route Summaries, GPS Links, Overview Maps with Cue Sheets

Rest Stops

Each day will have 1-3 rest stops depending on your route choice.
Snacks are available each morning to take with you.

Routes

Each day three routes are offered-Short (15-25 miles), Medium (30-47 miles) and Long (57-75 miles)
ALTHOUGH NOT EXPECTED, ROUTES ARE SUBJECT TO CHANGE, IF DOWNLOADING A GPS FILE PLEASE CHECK, WEEKLY TO MAKE SURE THERE HAVE BEEN NO CHANGES OR UPDATES.

Safety

- All cyclists must wear a helmet with the federal Safety Standard helmets indicated by CPSC.
- All cyclists must follow NY state bicycle laws, NYBC has compiled them at:
<https://nybc.net/education/bike-law/2-uncategorised/68-a-summary-of-ny-state-bike-laws>
- HIGHLY RECOMMENDED: Front Headlight (white), Rear taillight (red), High Visibility Top, Moving High vis item (pedals, shoes, wheels, etc.)
- Know and practice "rules of the road"
- Pull completely off road or trail when stopping
- Alert other cyclists when passing and only pass on the left

Don't Forget To Bring:

Layers to Bicycle In	Basic Tools, Tubes, Patch Repair
Hat for under Helmet & Helmet!	Pump or CO2 inflator
Bicycle Shorts (padded)	Bicycle in good mechanical condition
Bike Gloves	Bike Lock
Rain Gear (if you bring it-it stops the rain!) <i>at least that's the rumor</i>	Bike Bag/Trunk for extra clothing/misc.

Misc. Details

Routes are not led rides they are leave on your own.
Routes with trail are paved, unless indicated on "route summary" sheet
SAG support is available Saturday & Sunday 8 am-3 pm, 75-miler on Sunday until 4 pm
Cyclists should carry tools and tubes to change a flat
Route Briefings are each morning at 9 am, 8:15 am for 75-miler on Sunday.

E-Route Summaries & GPS Links

SATURDAY, OCTOBER 12

Name/Mileage/Description

SAT/SHORT

F, J and G-(Paved) Trail Ride (16.6)

*Paved Trail (access to trail is ½ mile on road from Johnson Hall State Historic Site). Starting in the middle of the trail, route heads South along the Cayadutta Creek, at the end turn around and head North thru the center of Gloversville and Johnstown. **GPS Link:** <https://ridewithgps.com/routes/30600297>*

SAT/MEDIUM

Fulton County Back Country & The Erie Canal Loop (47.2)

*Mix of Road and paved trail. Back Country Roads (Amish Country), Paved trails and Route 5. Route descends down in the valley and follows Rt. 5 along Historic Sites. Crossing the Mohawk you follow the Erie Canal-route follows on paved/optional use of stonedust section. Re-Crossing the Mohawk we come up out of the valley. **GPS Link:** <https://ridewithgps.com/routes/31013648>*

SAT/LONG

Fulton County with X-tra Back Country! (55.9)

Mix of road and 8 miles of paved/wide Trail
The Long Route follows above Medium Route with a loop of back country roads added. **GPS Link:** <https://ridewithgps.com/routes/31014045>

Highlighted Sites:

Palatine Church, Ft. Klock, Nellis Tavern, Lock 15, Arkell Museum, Stone Arabia
Fulton County Museum, Elizabeth Cady Stanton Birthplace

SUNDAY, OCTOBER 13

Name/Mileage/Description

SUN/SHORT

Johnstown & Gloversville Criss Cross (18.6)

*Mix of Road and Paved Trail-This route meanders thru Johnsville and Gloversville past many historical buildings, monuments & markers. Adding a little back country loop and then returns on the F, J & G trail. **GPS Link:** <https://ridewithgps.com/routes/31014886>*

SUN/MEDIUM

Mohawk Valley & The Erie Canal (32.5)

Back roads take you down to cross the Mohawk River. Follow the Canal (road or trail) to Amsterdam re-cross the River and return along State Route 5. Head North up to Johnstown. **GPS Link:** <https://ridewithgps.com/routes/30592721>

SUN/Long-¾ Century!

The Great Sacandaga Lake & Adirondack Park (75)

75-Miler leaves with the Medium route, but diverts in Amsterdam to head up into the Adirondack Park, crossing Sacandaga Lake into Northville. The last leg brings you back via 30/30A. **GPS Link:** <https://ridewithgps.com/routes/31014671>

Highlighted Sites:

Schoharie Crossing, Old Ft. Johnson, Oldest US Operating 5 & 10 Store, Broadalbin hotel, Mohawk Valley Gateway Overlook Pedestrian Bridge, Elizabeth Cady Stanton Birthplace, Fulton Montgomery Quilt Barn Trail



Cycling Event • October 11-13, 2019
Presented by the Fulton County Tourism

Name: _____

Address: _____ T-Shirt Size _____ (Men's Sizing)

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Full Weekend Participant-Rider: includes meals and snacks, ride support, long sleeve t-shirt, shuttles

Adult (18 & older) \$175____ Youth (17 & under) \$75____ Child (3-6) \$25____

Full Weekend Participant-Non Rider: includes everything except ride support & snacks

Adult (18 & older) \$145____ Youth (17 & under) \$65____ Child (3-6) \$15____

Day Only Rides (Saturday or Sunday): includes ride support, snacks, light lunch, long sleeve-shirt

Adult (18 & older) \$50____ Youth (17 & under) \$15____ Child (3-6)\$5____

Registration Extras

Bus Shuttle (per day) Adult \$25____ Youth \$15____ Child \$5____

Friday Night Social Adult \$15____ Youth \$10____ Child \$5____

Saturday Dinner Adult \$30____ Youth \$15____ Child \$5____

Release form: Must be signed by all participants:

I, (We), the undersigned, hereby desire to enter the Bike Thru History cycling event to be held on October 11-13, 2019. I hereby release and discharge the State of New York, County of Fulton, Fulton Montgomery Regional Chamber of Commerce and its members, employees and agents, Fulton County Chamber Foundation, NYS Dept. of Transportation, Corporate Sponsors, In Motion Events, all members of the Bike Thru History Committee as well as volunteers, judges, officers, directors or members of the same from all claims for injuries and/or property damages sustained by me as a result of my participation in said event. I HAVE READ THIS WAIVER CAREFULLY, UNDERSTAND IT, AND SUBMIT TO ITS CONDITIONS.

Signature: _____ Date: _____

Checks made payable and mailed to: Fulton Montgomery Regional Chamber of Commerce
2 North Main Street, Gloversville, NY 12078
Phone: (518) 725.0641 / Fax: (518) 725.0643 / Email: tourism@fultonmontgomeryny.org

Thank you to our Sponsors!

